



OPTIMIZING CARE FOR AGING PATIENTS LIVING WITH HIV



Highlights of the conference held by

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Main Highlights

- The length of diagnosis, and not age, is the main predictor for PLWH to suffer from multiple comorbidities⁵
- De-prescription of cART and non cARTs is increasingly more important, in addition to exploring newer drugs like dolutegravir and doravirine that are characterized by less drug-drug interactions⁸⁻¹⁰
- The MDT of Chelsea and Westminster Hospital links to wider care teams and specialties, including the GP. They conduct frailty and geriatric assessment¹
- This MDT follows a 7-point clinical pathway for PLWH over 50 y.o, providing them with personalized care.¹



Aging population and survival rates²⁻⁶

People living with HIV (PLWH) are aging. By 2030, **73% of PLWH will be over 50 y.o.** The median age of PLWH on ART will be nearly 57 y.o.²

Nowadays PLWH on a successful HAART and without comorbidities have a similar life expectancy than people without HIV.³ But most **PLWH**, especially older people, have **comorbidities** and they still have a **higher mortality rate than the general population.**^{3,4}

Drug toxicity, lifestyle or persistent immune dysfunction and inflammation may be responsible for premature aging in PLWH, leading to these comorbidities and polypharmacy.⁶

Multimorbidities & Polypharmacy⁵

In PLWH above 75 y.o., **the main predictor of having multiple comorbidities and polypharmacy was not age but the length of HIV diagnosis.** A length superior of 20 years doubled the likeliness to have multiple comorbidities and polypharmacy⁵

PLWH with **20** years diagnosis

have 2x more risks of multiple comorbidities

For these reasons, in 2009, the Chelsea and Westminster Hospital decided to setup a clinic for PLWH older than 50 y.o. to assess the full medication and drug interactions, neurocognitive function, adherence, and additional tests such as therapeutic drug monitoring, coronary artery calcium scores and bone mineral density^{1,7}

Clinical pathway in > 50's PLWH

Dr. Boffito and her team implemented a clinical pathway checklist of 7 items to conduct on PLWH over 50's¹. That includes:

1. Drug history, polypharmacy and deprescribing

For polymedicated PLWH, Dr Boffito suggested to look at potential for deprescription of cART and non-cART.¹

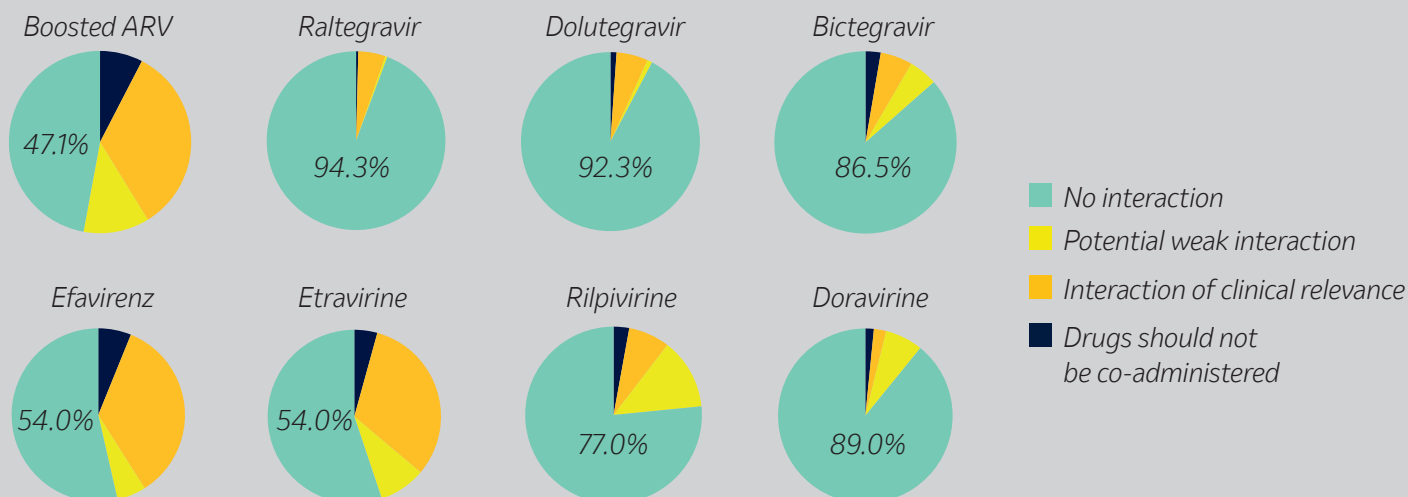
Conditions to deprescribe cART^{1,8,9}:

- VL undetectable before and after deprescribing
- Antiretroviral history and the archived resistance testing results support alternative options
- Lower DDI and toxicity

Conditions to deprescribe non cART^{1,8,9}:

- Withdrawal of inappropriate medicines
- Supervised by a health care professional
- Aiming to reduce risks and improving outcomes
- Have evidence that deprescription is feasible and safe

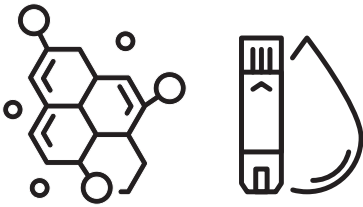
Interaction profile of antiretroviral drugs (n ≈ 780 co-medications)¹⁰



Adapted from University of Liverpool. Interaction Checker. Available at: www.hiv-druginteractions.org [Accessed October 2a020].

2. Renal function

Frequent monitoring of the renal function (eGFR and UPCR) is necessary because some ARVs are associated with increased risks of CDK.^{1,11} A meta analysis conducted by Hill A, et al. in 2018 showed that there was no renal adverse events between unboosted TAF/FTC and TDF/FTC.¹³



3. Endocrine system

Total and free testosterone for men, full hormonal profile for women and hormonal history for transgender people should be monitored.¹

Fasting glucose, HbA1c and OGTT are important metabolic health markers to be monitored¹



4. Cancer screening

Dr Boffito encourages her patients to **perform their routine cancer screening** (e.g. cervical smear, mammography, PSA, anal cytology, etc.)¹

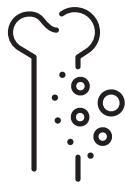


5. Cardiovascular risk assessment

Dr Boffito and her team **routinely assess the CV risk** with the Framingham score and the coronary artery calcification score.¹

The CV risk rapidly decreases after starting ART but moderately raises again over time due to the traditional risk factors, persistent inflammation and **selected** ART.¹

Thus, reducing traditional CV risk factors, such as addressing high blood pressure and smoking, should be implemented in HIV clinics^{1,12}



6. Bone mineral density

DEXA scan and vitamin D can be requested to prevent potential fractures in older PLWH and PLWH at risk of falls.^{1,14-16}

FRAX scores did not predict the presence of osteoporosis in a population of PLWH over 50 years of age and, therefore, FRAX scores may not be the appropriate tool to define eligibility to perform DEXA scans in PLWH.^{1,16}

Bisphosphonates therapy is still the standard therapy to treat osteoporosis and low bone mineral density.^{1,14}



7. Cognitive assessment

Depression is common in PLWH.^{1,18} Mental health impairment contributes to poorer outcomes for PLWH.¹⁹

Thus, integrating mental health screening and treatment into HIV care can lead to a reduced viral load in PLWH,^{20,21}

Frailty assessment

Frailty is a multifactorial syndrome characterised by weakness, progressive decline in physiological function and diminished strength.²¹

A multidisciplinary team (MDT) consultation using the principles of **comprehensive geriatric assessment** has been setup in a geriatric/HIV clinic at the Chelsea and Westminster hospital, where frailty is assessed using **Rockwood Clinical Frailty Scale.¹**

41%

of them were under more than **10 medications**

A review of patients over 80 showed that 41% of them were under more than 10 medications and they had a median of 5 comorbidities. **After MDT consultation, comedication switch or changes was advised for 62% of them, and an ART switch requested for 29% of them.¹**

Dr. Boffito put in place a frailty pathway at the Chelsea and Westminster hospital that includes¹:

Screening criteria¹

Screen for frailty if the patients combines two of these criteria:

- ≥65 y.o.;
- Clinical suspicion of frailty or pre-frailty;
- Having been diagnosed with HIV over 20 years ago

Frailty Screening¹

1. FRAIL scale

- Fatigue: Is your patient fatigued?
- Resistance: Can your patient walk up 1 flight of stairs?
- Aerobic: Can you patient walk 1 block?
- Illnesses: Do your patient have more than 5 illnesses?
- Loss of weight: Has your patient lost more than 5% of their weight in the past 6 months?
- Stigma – Did your patient ever felt stigmatized because of their age?

2. Clinical Frailty Scale assessment

- Calculate on Cerner; frailty scale, scoring¹⁻⁹

Scoring¹

0 pt on Frail Scale | 1-2 pts on CFS : no frailty
1-2 pts on Frail Scale | 3-4 pts on CFS: pre frailty
3-5 pts on Frail Scale | ≥5 pts on CFS: frailty

Abbreviations:

ART: antiretroviral therapy; **ARV:** antiretroviral; **BMD:** bone mineral density; **CACS:** coronary artery calcium scores; **cART:** combination ART; **CFS:** clinical frailty scale; **CKD:** chronic kidney disease; **CNS:** central nervous system; **CV:** cardiovascular; **DDI:** drug-drug interaction; **DEXA:** Dual-energy X-ray absorptiometry; **EACS:** European AIDS Clinical Society; **eGFR:** estimated glomerular filtration rate; **FRAX:** fracture risk assessment; **FRCP:** fellow of the royal college of physicians; **FTC:** emtricitabine; **GP:** general practitioner; **HAART:** Highly active antiretroviral therapy; **HbA1c:** glycated haemoglobin; **HIV:** human immunodeficiency virus; **INSTI:** integrase strand transfer inhibitor; **MBA:** master in business administration; **MD:** medical doctor; **MDT:** multidisciplinary team; **NNRTI:** non-nucleoside reverse transcriptase inhibitors; **OGTT:** oral glucose tolerance test; **PhD:** Doctor of Philosophy; **PLWH:** people living with HIV; **PSA:** prostate-specific antigen; **TAF:** tenofovir alafenamide; **TDF:** tenofovir disoproxil fumarate; **TDM:** therapeutic drug monitoring; **UPCR:** urine protein-creatinine ratio; **VL:** viral load; **y.o.:** years old.

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Product Information Pifeltro®

1. NAME OF THE MEDICINAL PRODUCT Pifeltro 100 mg film-coated tablets. **2. QUALITATIVE AND QUANTITATIVE COMPOSITION** Each film-coated tablet contains 100 mg of doravirine. Excipient with known effect: Each film-coated tablet contains 222 mg lactose (as monohydrate). For the full list of excipients, see section 6.1. **3. PHARMACEUTICAL FORM** Film-coated tablet (tablet). White, oval-shaped, tablet of dimensions 19.00 mm x 9.50 mm, debossed with the corporate logo and 700 on one side and plain on the other side. **4. CLINICAL PARTICULARS** **4.1 Therapeutic indications** Pifeltro is indicated, in combination with other antiretroviral medicinal products, for the treatment of adults, and adolescents aged 12 years and older weighing at least 35 kg infected with human immunodeficiency virus type 1 (HIV-1) without past or present evidence of resistance to the non-nucleoside reverse transcriptase inhibitors (NNRTI) class (see sections 4.4 and 5.1). **4.2 Posology and method of administration** Therapy should be initiated by a physician experienced in the management of HIV infection. **Posology** The recommended dose is one 100 mg tablet taken orally once daily with or without food. **Dose adjustment** If Pifeltro is co-administered with rifabutin, one 100 mg tablet of Pifeltro should be taken twice daily (approximately 12 hours apart) (see section 4.5). Co-administration of doravirine with other moderate CYP3A inducers has not been evaluated, but decreased doravirine concentrations are expected. If co-administration with other moderate CYP3A inducers (e.g., dabrafenib, lesinurad, bosentan, thioridazine, nafcillin, modafinil, telotristat ethyl) cannot be avoided, one 100 mg tablet of Pifeltro should be taken twice daily (approximately 12 hours apart). **Missed dose** If the patient misses a dose of Pifeltro within 12 hours of the time it is usually taken, the patient should take as soon as possible and resume the normal dosing schedule. If a patient misses a dose by more than 12 hours, the patient should not take the missed dose and instead take the next dose at the regularly scheduled time. The patient should not take 2 doses at one time. **Special populations Elderly** No dose adjustment of doravirine is required in elderly patients (see section 5.2). **Renal impairment** No dose adjustment of doravirine is required in patients with mild, moderate, or severe renal impairment. Doravirine has not been studied in patients with end-stage renal disease and has not been studied in dialysis patients (see section 5.2). **Hepatic impairment** No dose adjustment of doravirine is required in patients with mild (Child-Pugh Class A) or moderate (Child-Pugh Class B) hepatic impairment. Doravirine has not been studied in patients with severe hepatic impairment (Child-Pugh Class C). It is not known whether the exposure to doravirine will increase in patients with severe hepatic impairment. Therefore, caution is advised when doravirine is administered to patients with severe hepatic impairment (see section 5.2). **Paediatric population** Safety and efficacy of Pifeltro in children aged less than 12 years or weighing less than 35 kg have not been established. No data are available. **Method of administration** Pifeltro must be taken orally, once daily with or without food and swallowed whole (see section 5.2). **4.3 Contraindications** Hypersensitivity to the active substance or to any of the excipients listed in section 6.1. Co-administration with medicinal products that are strong cytochrome P450 CYP3A enzyme inducers is contraindicated as significant decreases in doravirine plasma concentrations are expected to occur, which may decrease the effectiveness of Pifeltro (see sections 4.4 and 4.5). These medicinal products include, but are not limited, to the following: carbamazepine, oxcarbazepine, phenobarbital, phenytoin; rifampicin, rifapentine; St. John's wort (*Hypericum perforatum*); mitotane; enzalutamide; lumacaftor. **4.8 Undesirable effects Summary of the safety** In phase 3 clinical trials with doravirine plus 2 nucleoside reverse transcriptase inhibitors (NRTIs), the most frequently reported adverse reactions were nausea (4 %) and headache (3 %). **Tabulated summary of adverse reactions** The adverse reactions with doravirine plus 2 NRTIs from Phase 3 clinical trials (DRIVE FORWARD, DRIVE SHIFT and DRIVE AHEAD) and postmarketing experience are listed below by body system organ class and frequency. Within each frequency grouping, undesirable effects are presented in order of decreasing seriousness. Frequencies are defined as very common (≥ 1/10), common (≥ 1/100 to < 1/10), uncommon (≥ 1/1 000 to < 1/1 000), rare (≥ 1/10 000 to < 1/1 000), or not known (cannot be estimated from the available data). **Table 2: Tabulated summary of adverse reactions associated with doravirine used in combination with other antiretrovirals** Frequency/ Adverse reactions: **Infections and infestations:** Rare: rash pustular. **Metabolism and nutrition disorders:** Uncommon: hypophosphataemia; Rare: hypomagnesaemia. **Psychiatric disorders:** Common: abnormal dreams, insomnia; Uncommon: nightmare, depression¹, anxiety², irritability, confusional state, suicidal ideation; Rare: aggression, hallucination, adjustment disorder, mood altered, somnambulism. **Nervous system disorders:** Common: headache, dizziness, somnolence; Uncommon: disturbance in attention, memory impairment, paraesthesia, hypertonía, poor quality sleep. **Vascular disorders:** Uncommon: hypertension. **Respiratory, thoracic and mediastinal disorders:** Rare: dyspnoea, tonsillar hypertrophy. **Gastrointestinal disorders:** Common: nausea, diarrhoea, flatulence, abdominal pain⁴, vomiting; Uncommon: constipation, abdominal discomfort³, abdominal distension, dyspepsia, faeces soft⁵, gastrointestinal motility disorder⁶; Rare: rectal tenesmus. **Skin and subcutaneous tissue disorders:** Common: rash⁷; Uncommon: pruritus; Rare: dermatitis allergic, rosacea; Not known: toxic epidermal necrolysis. **Musculoskeletal and connective tissue disorders:** Uncommon: myalgia, arthralgia; Rare: musculoskeletal pain. **Renal and urinary disorders:** Rare: acute kidney injury, renal disorder, calculus urinary, nephrolithiasis. **General disorders and administration site conditions:** Common: fatigue; Uncommon: asthenia, malaise; Rare: chest pain, chills, pain, thirst. **Investigations:** Common: alanine aminotransferase increased⁸; Uncommon: lipase increased, aspartate aminotransferase increased, amylase increased, haemoglobin decreased; Rare: blood creatine phosphokinase increased. ¹insomnia includes: insomnia, initial insomnia and sleep disorder. ²depression includes: depression, depressed mood, major depression, and persistent depressive disorder. ³anxiety includes: anxiety and generalised anxiety disorder. ⁴abdominal pain includes: abdominal pain, and abdominal pain upper. ⁵abdominal discomfort includes: abdominal discomfort, and epigastric discomfort. ⁶faeces soft includes: faeces soft and abnormal faeces. ⁷gastrointestinal motility disorder includes: gastrointestinal motility disorder, and frequent bowel movements. ⁸rash includes: rash, rash macular, rash erythematous, rash generalised, rash maculo-papular, rash papular, and urticarial. ⁹alanine aminotransferase increased includes: alanine aminotransferase increased and hepatocellular injury. **Description of selected adverse reactions Immune reactivation syndrome** In HIV-infected patients with severe immune deficiency at the time of initiation of combination antiretroviral therapy (cART), an inflammatory reaction to asymptomatic or residual opportunistic infections may arise.


Pifeltro®
doravirine

Autoimmune disorders (such as Graves' disease and autoimmune hepatitis) have also been reported; however, the reported time to onset is more variable and these events can occur many months after initiation of treatment (see section 4.4). **Severe cutaneous adverse reactions (SCARs)** Severe cutaneous adverse reactions (SCARs), such as toxic epidermal necrolysis (TEN), have been reported in association with doravirine-containing treatment regimens (see section 4.4). **Paediatric population** The safety of doravirine as a component of doravirine/lamivudine/tenofovir disoproxil was evaluated in 45 HIV-1 infected virologically suppressed or treatment-naïve paediatric patients 12 to less than 18 years of age through Week 48 in an open-label trial (IMPAACT 2014 (Protocol 027)). The safety profile in paediatric subjects was similar to that in adults. **Reporting of suspected adverse reactions** Reporting suspected adverse reactions after authorisation of the medicinal product is important. It allows continued monitoring of the benefit/risk balance of the medicinal product. Healthcare professionals are asked to report any suspected adverse reactions via the national reporting system: **in Belgium:** Agence Fédérale des Médicaments et des Produits de Santé, www.afmps.be - Division Vigilance : Site internet: www.notifierunefetindesirable.be, e-mail: adr@fagg-afmps.be, **in Luxembourg :** Centre Régional de Pharmacovigilance de Nancy ou Division de la pharmacie et des médicaments de la Direction de la santé. Site internet: www.guichet.lu/pharmacovigilance. **7. MARKETING AUTHORISATION HOLDER** Merck Sharp & Dohme B.V., Waarderweg 39, 2031 BN Haarlem, The Netherlands. **8. MARKETING AUTHORISATION NUMBER(S)** EU/1/18/1332/001; EU/1/18/1332/002. **9. DATE OF FIRST AUTHORISATION/RENEWAL OF THE AUTHORISATION** Date of first authorisation: 22 November 2018; Date of latest renewal: 07 July 2023 **10. DATE OF REVISION OF THE TEXT** 09/2024. Detailed information on this medicinal product is available on the website of the European Medicines Agency <https://www.ema.europa.eu>. **DELIVERY:** only on prescription.

Product Information Delstrigo®

1. NAME OF THE MEDICAL PRODUCT Delstrigo 100 mg/300 mg/245 mg film-coated tablets. **2. QUALITATIVE AND QUANTITATIVE COMPOSITION** Each film-coated tablet contains 100 mg of doravirine, 300 mg of lamivudine (3TC), and 245 mg of tenofovir disoproxil as tenofovir disoproxil fumarate (TDF). Excipient with known effect: Each film-coated tablet contains 8.6 mg lactose (as monohydrate). For the full list of excipients, see section 6.1. **3. PHARMACEUTICAL FORM** Film-coated tablet (tablet). Yellow, oval-shaped, tablet of dimensions 21.59 mm x 11.30 mm, debossed with the corporate logo and 776 on one side and plain on the other side. **4. CLINICAL PARTICULARS** **4.1 Therapeutic indications** Delstrigo is indicated for the treatment of adults infected with human immunodeficiency virus type 1 (HIV-1) without past or present evidence of resistance to the non-nucleoside reverse transcriptase inhibitors (NNRTI) class, lamivudine, or tenofovir (see sections 4.4 and 5.1). Delstrigo is also indicated for the treatment of adolescents aged 12 years and older weighing at least 35 kg who are infected with HIV-1 without past or present evidence of resistance to the NNRTI class, lamivudine, or tenofovir and who have experienced toxicities which preclude the use of other regimens that do not contain tenofovir disoproxil (see sections 4.4 and 5.1). **4.2 Posology and method of administration** Therapy should be initiated by a physician experienced in the management of HIV infection. **Posology** The recommended dose of Delstrigo is one 100/300/245 mg tablet taken orally once daily with or without food. **Dose adjustment** If Delstrigo is co-administered with rifabutin, the doravirine dose should be increased to 100 mg twice daily. This is achieved by adding one 100 mg tablet of doravirine (as a single agent), to be taken approximately 12 hours apart from the dose of Delstrigo (see section 4.5). Co-administration of doravirine with other moderate CYP3A inducers has not been evaluated, but decreased doravirine concentrations are expected. If co-administration with other moderate CYP3A inducers (e.g., dabrafenib, lesinurad, bosentan, thioridazine, nafcillin, modafinil, telotristat ethyl) cannot be avoided, one 100 mg tablet of doravirine should be taken daily, approximately 12 hours after the dose of Delstrigo (see section 4.5). **Missed dose** If the patient misses a dose of Delstrigo within 12 hours of the time it is usually taken, the patient should take Delstrigo as soon as possible and resume the normal dosing schedule. If a patient misses a dose of Delstrigo by more than 12 hours, the patient should not take the missed dose and instead take the next dose at the regularly scheduled time. The patient should not take 2 doses at one time. **Special populations Elderly** There are limited data available on the use of doravirine, lamivudine, and tenofovir disoproxil in patients aged 65 years and over. There is no evidence that elderly patients require a different dose than younger adult patients (see section 5.2). Special care is advised in this age group due to age associated changes such as decreases in renal function (see section 4.4). **Renal impairment** No dose adjustment of Delstrigo is required in patients with estimated creatinine clearance (CrCl) \geq 50 mL/min. Delstrigo should not be initiated in patients with estimated CrCl < 50 mL/min (see sections 4.4 and 5.2). Delstrigo should be discontinued if estimated CrCl declines below 50 mL/min (see section 4.4). Patients with moderate or severe renal impairment require a dose interval adjustment of lamivudine and tenofovir disoproxil that cannot be achieved with the combination tablet (see sections 4.4 and 5.2). **Hepatic impairment** No dose adjustment of doravirine/lamivudine/tenofovir disoproxil is required in patients with mild (Child-Pugh Class A) or moderate (Child-Pugh Class B) hepatic impairment. Doravirine has not been studied in patients with severe hepatic impairment (Child-Pugh Class C). It is not known whether the exposure to doravirine will increase in patients with severe hepatic impairment. Therefore, caution is advised when doravirine/lamivudine/tenofovir disoproxil is administered to patients with severe hepatic impairment (see section 5.2). **Paediatric population** Safety and efficacy of Delstrigo in children aged less than 12 years or weighing less than 35 kg have not been established. No data are available. **Method of administration** Delstrigo must be taken orally, once daily with or without food and swallowed whole (see section 5.2). **4.3 Contraindications** Hypersensitivity to the active substances or to any of the excipients listed in section 6.1. Co-administration with medicinal products that are strong cytochrome P450 CYP3A enzyme inducers is contraindicated as significant decreases in doravirine plasma concentrations are expected to occur, which may decrease the effectiveness of Delstrigo (see sections 4.4 and 4.5). These medicinal products include, but are not limited to the following: carbamazepine, oxcarbazepine, phenobarbital, phenytoin; rifampicin, rifapentine; St. John's wort (*Hypericum perforatum*); mitotane; enzalutamide; lumacaftor. **4.8 Undesirable effects Summary of the safety profile** In phase 3 clinical trials with doravirine plus 2 nucleoside reverse transcriptase inhibitors (NRTIs), the most frequently reported adverse reactions considered possibly or probably related to doravirine were nausea (4 %) and headache (3 %). **Tabulated summary of adverse reactions** The adverse reactions with doravirine plus 2 NRTIs from Phase 3 clinical trials (DRIVE FORWARD, DRIVE SHIFT and DRIVE AHEAD) and postmarketing experience are listed below by body system organ class and frequency. Within each frequency grouping, undesirable effects are presented in order of decreasing seriousness. Frequencies are defined as very common (\geq 1/10), common (\geq 1/100 to < 1/10), uncommon (\geq 1/1 000 to < 1/100), rare (\geq 1/10 000 to < 1/1,000), very rare (< 1/10 000), or not known (cannot be estimated from the available data). **Table 2: Tabulated summary of adverse reactions associated with doravirine/lamivudine/tenofovir disoproxil** Frequency/ Adverse reactions: **Infections and infestations:** Rash: rash pustular. **Blood and lymphatic systems disorders:** Uncommon: neutropenia*, anaemia*, thrombocytopenia*; Very rare: pure red cell aplasia*. **Metabolism and nutrition disorders:** Uncommon: hypophosphataemia, hypokalaemia*; Rare: hypomagnesaemia, lactic acidosis*. **Psychiatric disorders:** Common: abnormal dreams, insomnia; Uncommon: nightmare, depression², anxiety³, irritability, confusional state, suicidal ideation; Rare: aggression, hallucination, adjustment disorder, mood altered, somnambulism. **Nervous system disorders:** Common: headache, dizziness, somnolence; Uncommon: disturbance in attention, memory impairment, paraesthesia, hypertonia, poor quality sleep; Very rare: peripheral neuropathy (or paraesthesia)*. **Vascular disorders:** Uncommon: hypertension. **Respiratory, thoracic and mediastinal disorders:** Common: cough*, nasal symptoms*; Rare: dyspnoea, tonsillar hypertrophy. **Gastrointestinal disorders:** Common: nausea, diarrhoea, abdominal pain⁴, vomiting, flatulence; Uncommon: constipation, abdominal discomfort⁵, abdominal distension, dyspepsia, faeces soft⁶, gastrointestinal motility disorder⁷, pancreatitis*; Rare: rectal tenesmus. **Hepatobiliary disorders:** Rare: hepatic steatosis*, hepatitis*. **Skin and subcutaneous tissue disorders:** Common: alopecia*, rash⁸; Uncommon: pruritus; Rare: dermatitis allergic, rosacea, angioedema⁹; Not known: toxic epidermal necrolysis. **Musculoskeletal and connective tissue disorders:** Common: muscle disorders*, bone mineral density decreased¹⁰; Uncommon: myalgia, arthralgia, rhabdomyolysis¹¹, muscular weakness¹²; Rare: musculoskeletal pain, osteomalacia (manifested as bone pain and infrequently contributing to fractures)*, myopathy*. **Renal and urinary disorders:** Uncommon: increased creatinine*, proximal renal tubulopathy (including Fanconi syndrome)*; Rare: acute kidney injury, renal disorder, calculus urinary, nephrolithiasis, acute renal failure*, renal failure*, acute tubular necrosis*, nephritis (including acute interstitial)*, nephrogenic diabetes insipidus*. **General disorders and administration site conditions:** Common: fatigue, fever*; Uncommon: asthenia, malaise; Rare: chest pain, chills, pain, thirst. **Investigations:** Common: alanine aminotransferase increased¹³; Uncommon: aspartate aminotransferase increased, lipase increased, amylase increased, haemoglobin decreased; Rare: blood creatine phosphokinase increased. *This adverse reaction was not identified as an adverse reaction associated with doravirine from the Phase 3 clinical studies (DRIVE-FORWARD, DRIVE-AHEAD, DRIVE-SHIFT), but is included in this table as an adverse reaction based on the Summary of Product Characteristics of 3TC and/or TDF. The highest frequency category reported in the 3TC or TDF Summary of Product Characteristics is used. ¹This adverse reaction may occur as a consequence of proximal renal tubulopathy. It is not considered to be causally associated with tenofovir disoproxil in the absence of this condition. ²insomnia includes: insomnia, initial insomnia and sleep disorder. ³depression includes: depression, depressed mood, major depression, and persistent depressive disorder. ⁴anxiety includes: anxiety and generalised anxiety disorder. ⁵abdominal pain includes: abdominal pain, and abdominal pain upper. ⁶abdominal discomfort includes: abdominal discomfort, and epigastric discomfort. ⁷faeces soft includes: faeces soft and abnormal faeces. ⁸gastrointestinal motility disorder includes: gastrointestinal motility disorder, and frequent bowel movements. ⁹rash includes: rash, rash macular, rash erythematous, rash generalised, rash maculo-papular, rash papular, and urticarial. ¹⁰alanine aminotransferase increased includes: alanine aminotransferase increased and hepatocellular injury. **Description of selected adverse reactions Immune reactivation syndrome** In HIV-infected patients with severe immune deficiency at the time of initiation of combination antiretroviral therapy (CART), an inflammatory reaction to asymptomatic or residual opportunistic infections may arise. Autoimmune disorders (such as Graves' disease and autoimmune hepatitis) have also been reported; however, the reported time to onset is more variable and these events can occur many months after initiation of treatment (see section 4.4). **Lactic acidosis** Cases of lactic acidosis have been reported with tenofovir disoproxil alone or in combination with other antiretrovirals. Patients with predisposing factors such as patients with decompensated liver disease, or patients receiving concomitant medicinal products known to induce lactic acidosis are at increased risk of experiencing severe lactic acidosis during tenofovir disoproxil treatment, including fatal outcomes. **Severe cutaneous adverse reactions (SCARs)** Severe cutaneous adverse reactions (SCARs), such as toxic epidermal necrolysis (TEN), have been reported in association with doravirine-containing treatment regimens (see section 4.4). **Paediatric population** The safety of doravirine/lamivudine/tenofovir disoproxil was evaluated in 45 HIV-1 infected virologically suppressed or treatment-naïve paediatric patients 12 to less than 18 years of age through Week 48 in an open-label trial (IMPAACT 2014 (Protocol 027)). The safety profile in paediatric subjects was similar to that in adults. **Reporting of suspected adverse reactions** Reporting suspected adverse reactions after authorisation of the medicinal product is important. It allows continued monitoring of the benefit/risk balance of the medicinal product. Healthcare professionals are asked to report any suspected adverse reactions via the national reporting system: **in Belgium :** Agence Fédérale des Médicaments et des Produits de Santé, www.afmps.be - Division Vigilance : Site internet: www.notifierunefetindesirable.be, e-mail: adr@fagg-afmps.be, **au Luxembourg :** Centre Régional de Pharmacovigilance de Nancy ou Division de la pharmacie et des médicaments de la Direction de la santé. Site internet: www.guichet.lu/pharmacovigilance. **7. MARKETING AUTHORISATION HOLDER** Merck Sharp & Dohme B.V., Waarderweg 39, 2031 BN Haarlem, The Netherlands. **8. MARKETING AUTHORISATION NUMBER(S)** EU/1/18/1333/001, EU/1/18/1333/002. **9. DATE OF FIRST AUTHORISATION/RENEWAL OF THE AUTHORISATION** Date of first authorisation: 22 November 2018; Date of latest renewal: 23 June 2023. **10. DATE OF REVISION OF THE TEXT** 05/2025. Detailed information on this medicinal product is available on the website of the European Medicines Agency <https://www.ema.europa.eu>. **DELIVERY:** on medical prescription.


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